

Physical Education / Health



Resource	Source and Description
Advocates for Youth	www.advocatesforyouth.org
	Respect and responsibility are the basis for this website dealing with human sexuality and education.
Brain Pop	www.brainpop.com
	Health information and activities.
Gamequarium	www.gamequarium.com
	Games.
Internet 4 Classrooms	http://internet4classrooms.com
	Links for K-12 teachers to help them use the internet in the classroom areas.
Kids Health	http://kidshealth.org
	A parent, kids, and teen health information site addressing health questions from family members.
PE Central	www.pecentral.org/lessonideas/pelessonplans.html
	Great activities for students with special needs.
Teaching Teens	www.teachingteens.com/lessons
	Lesson plans and information for teaching about puberty and menstruation.
TVO Kids	www.tvokids.com
	Activities / games for health and physical education.